

SOUTHLAND ACADEMY 3rd ANNUAL AFTER SCHOOL CROSS COUNTRY MEET

At Southland Academy Campus, 123 Southland Road, AMERICUS

TUESDAY SEPTEMBER 3, 2013 4:00 P.M.

Varsity and JV Races for GISA Schools

We welcome cross country runners to Southland Academy's 3rd Annual September 3, 2013 After School Cross Country Meet on its home course located at **Southland Academy Campus, 123 Southland Road**, Americus, in Sumter County approximately one hour southwest of Macon. Southland competes in GISA Region 3AAA for Cross Country. The Southland course is mostly shaded, with an open, spectator-friendly finish area on the campus in the football stadium. Parking is accessed from the Baseball / Softball Entrance just beyond the football field, or across the street from the home side of the stadium. We will have awards for the top teams in each of the four divisions (Varsity Girls, Varsity Boys, JV Girls, JV Boys). We ask that the "JV" teams consist of runners eighth grade or younger. Eighth graders may compete in the Varsity Race *or* the JV Race, but not both. We also will give individual awards for the top ten runners in each race.

Contact for rosters: Jdblankenship@windstream.net, with copy to Patrick Calcutt: Calcuttlaw@bellsouth.net and Paula McDonald: Pmcdonald@southlandacademy.org

Date: Tuesday, September 3, 2013

Deadline: Roster Deadline is Thursday, August 29, 2013

Times: Coaches Meeting: 3:45 pm
JV Girls 2500m 4:00 pm
JV Boys 2500m 4:25 pm
Varsity Girls 5k: 5:00 pm
Varsity Boys 5k 5:30 pm

Cost: \$25.00 per school, payable to Southland Academy

Directions: *From GA 49 (Perry, Macon), turn left on Upper River Rd, right on Southland Rd, the Campus is on your right
*From GA 27 (Vienna, Macon) turn right on Southland Rd., turn left past the Campus into the Baseball / Softball field entrance
*From 280 East (Cordele, Douglas) turn right on GA 27 which is the first light past Lowes, turn left on Southland Rd., turn left past the Campus into the Baseball / Softball field entrance
*From 280 West (Albany, Columbus), head east out of Americus, then turn left on GA 27 near La Hacienda Restaurant, then turn left on Southland Rd., turn left past the Campus into the Baseball / Softball field entrance

See you there! Coach Calcutt and Coach McDonald Calcuttlaw@bellsouth.net or Pmcdonald@southlandacademy.org or through www.Southlandacademy.org, sports, athletics, cross country. Last minute questions: Coach McDonald call or text 229-942-880 Coach Calcutt call or text 727-424-4347. We run rain or shine.